

# NIX ALLERGIES WITH NAET

Suppressing symptoms with medication is just a band-aid solution. Allergy elimination techniques go right to the root of the issue, and help get rid of adverse reactions for good.

BY DEVA KHALSA, VMD



Stimulating acupuncture points while holding a vial of an allergen on the dog readjusts the autonomic nervous system to help eliminate the allergy.

**N**ellie's allergies began when she was just over a year old. The typical regime of steroids and antibiotics helped only while she was taking them. When her mom tried to cut back on the medications, her itching and scratching returned with a vengeance.

I tested Nellie using NAET (Nambudripad's Allergy Elimination Technique), then used it to reprogram her system so she would become free of allergies to the identified foods and environmental triggers. She began to improve after the first visit. "As the treatments progressed, she scratched less and less, the hair grew back under her neck and on her paws, and her skin returned to normal," says her mom. "After a few months, she stopped scratching altogether. Her coat is now soft and bright, and she feels like a brand new dog!"

As far as I'm concerned, NAET and the other allergy elimination techniques that have stemmed from Dr. Nambudripad's work, are the best thing for treating allergies since sliced bread.

## Path of avoidance

Typically, a person with an allergic dog follows a path of avoidance. Ingredient labels are carefully read in order to circumvent foods the dog is allergic to. However, allergic dogs will often subsequently become allergic to ingredients in new foods if they eat them day after day. For example, a dog that was never allergic to lamb may become so because of repeated exposure.

It doesn't have to be that way. If you've been running this gamut for years with your own dog, it may be hard

...when you hold an allergenic substance within your body's electromagnetic field, while receiving a treatment for the adverse allergic reaction, your body systems somehow self correct.

to believe that allergy elimination techniques like NAET can transform an allergic dog into one with no allergies. It might seem too good to be true, but in the hands of a competent veterinary practitioner, it's quite probable. Let's find out how.

### A discovery in self correction

Dr. Devi Nambudripad, the founder of NAET, was very ill with allergies all her life. I wouldn't be exaggerating too much to say she was allergic to almost everything under the sun. She lived exclusively on polished white rice and broccoli. One day, she decided to "take a walk on the wild side" and have a carrot. She started to pass out so gave herself an acupuncture treatment to keep herself from going into shock. She simply fell asleep and awoke 45 minutes later with a supreme feeling of well being.

She researched her experience and found that when you hold an allergenic substance within your body's electromagnetic field, while receiving a treatment for the adverse allergic reaction, your body systems somehow self correct. The body recognizes the electromagnetic signature of the substance while being encouraged, by the stimulation of acupuncture points, to start the process of healing, repairing, correcting and harmonizing.


It's interesting to note that when we enter the realm of energetic holistic medicine, we leave the field of biology and enter the field of physics. Every day, new research in physics challenges old beliefs about how the body works and heals. Even though the Chinese recognized energy pathways (called acupuncture meridians) over 6,000 years ago, it has taken the advent of new scientific methodology to recognize how changes in energy fields affect and determine health.

### Friends and enemies


The autonomic nervous system plays an integral role in recognizing what the body's computer has deemed an enemy. It then calls the immune system into action to defend the body against the "enemy".

Allergies occur because foods and other substances that should be considered "friends of the body" become logged in as enemies. Consider the young child who has a severe reaction to peanuts. All his friends eat peanut candies or peanut butter sandwiches without any ill effects. That's because their immune system "computer logs" haven't logged in the peanut as an enemy. The problem is not with the peanut itself, but the way the peanut is registered by the body.

Dr. Irwin's Remedies




**JOINTHEALTH**  
FOR DOGS



## Help Your Dog's Joint Health

- Easy to Use for Quicker Relief
- Just add to 8 ounces of water
- Meaty Beef Flavour Dogs Love



Glucosamine, Chondroitin plus other important ingredient's to help your dog's Joint Health

[www.drirwinsremedies.com](http://www.drirwinsremedies.com)

Today's dogs have more allergies than ever before because there are simply more ways to confuse the body's systems and increase the foods and other substances that are logged in as enemies. Nature never designed these systems to be exposed to so many vaccinations, chemicals and pesticides on a routine basis.

Allergy elimination techniques such as NAET correct the autonomic nervous system's perception of the allergic substance so it is no longer perceived as a threat. It all happens within the realm of physics on an energetic level, and translates into physical healing.


### How it works

The NAET practitioner has the energetic resonance of each allergen in a vial. He or she then uses applied kinesiology to determine your dog's reaction to the resonance of the allergens. Once an allergen is recognized, the vial is placed directly on your dog and specific acupuncture points on his body are lightly stimulated. This readjusts the autonomic nervous system's perception of the substance and the allergic reaction to it is eliminated. It may be amazing to think that something so simple can work so well, but the proof is in stories like Nellie's.

In my own practice, the first step is to identify what substances the patient is allergic to. In the first comprehensive assessment, approximately 500 vials specifically designed for this purpose are checked using applied kinesiology. I decide the order of treatment for the allergens and create a program for the patient. The vials

are mailed to the animal's home with clear instructions for his or her family on how to gently massage easy-to-find acupuncture points and complete the treatment on their dogs. Other veterinarians do the procedure in the office, with you and your dog returning for routine visits every week or so until the problem is resolved.

You can find veterinarians who do NAET by logging onto the American Holistic Veterinary Medical Association website ([ahvma.org](http://ahvma.org)) and checking for those nearest you who list NAET as a technique they offer. If you have trouble finding a local veterinarian, you may contact me for more information or a referral ([doctordeva.com](http://doctordeva.com)).

Allergies trouble so many animals. They can surface as skin problems, ear infections, chronic diarrhea (IBD), vomiting, picky appetite and asthma. These problems often become chronic lifetime issues and need continual veterinary monitoring and medication. NAET, and the other allergy elimination treatments that have stemmed from it, don't just relieve or suppress the symptoms the way drugs do, but remove the source of the torment. These techniques have helped many people and their best friends live happier, fuller lives. 



GET YOUR 3RD YEAR FOR **\$1**  
**ONLY**

Buy a 2-year subscription to *Animal Wellness Magazine* for **\$34 US (\$48 CAN)**  
and get the 3rd year for only **\$1!**

Call or go online today – your animals will thank you!

**1-866-764-1212** 9am-5pm E.S.T.  
[www.AnimalWellnessMagazine.com](http://www.AnimalWellnessMagazine.com)